



PRE-PROCEDURE INSTRUCTIONS

GENERAL PREPARATION

Stop taking blood thinners (i.e. aspirin and ibuprofen) seven days before your vasectomy. Download the pre-registration forms at weekendvasectomyutah.com, including health history and consent forms. You will want to bring these forms to your appointment. The more information you fill out before coming to the clinic the shorter your appointment will be.

ITEMS TO BRING TO YOUR APPOINTMENT

Please bring following items to your appointment:

- Picture ID
- Insurance Card (If Using Insurance)
- Comfortable Clothes

WHAT TO EXPECT

You will receive a phone call to confirm your appointment. During this call you will be asked about method of payment. We will then check on your insurance benefits and contact you with estimated cost due at the time of the procedure. We accept all major credit cards. If you are interested in setting up a payment plan let us know during this phone call.

THE DAY BEFORE YOUR PROCEDURE

You will want to shower, clean and shave the front of the scrotum in the area where the penis and scrotum meet. Any area of a few inches should be shaved.

THE DAY OF YOUR PROCEDURE

Plan to check in 15 minutes prior to your appointment time. Bring the completed HIPPA and consent forms that you printed off the website with you. We have extra copies if needed.

If you purchase a sedation package, you will need someone to drive you home. However, if you elect to have the procedure done with no sedation, you may drive yourself home.

You will be given an opportunity to ask your provider any questions during the consultation.