



# Weekend Vasectomy Clinic

## pre procedure instructions

### General Preparation

You will need to stop taking blood thinners like aspirin and ibuprofen 7 days before your vasectomy.

Go to [weekendvasectomy.com](http://weekendvasectomy.com) to download your preregistration forms including health history and consent forms. You will want to bring these with you to your appointment. The more information you fill out before coming to the clinic the quicker we can get you in and out.

### What to bring with you

Picture ID  
Insurance Card if using insurance  
Comfortable clothes

### What to expect

You will receive a phone call to confirm your appointment. During this call you will be asked about method of payment. We will then check on your benefits and contact you with estimated cost due at the time of the procedure. We accept all major credit cards. If you are interested in setting up a payment plan let us know during this phone call.

### The Day Before Your Procedure

You will want to shower clean and shave the scrotum on the front in the area where the penis and scrotum meet. Any area of a few inches should be plenty of shaving.

If you have chosen oral sedation you will want to pick up your prescription the day before your procedure or sooner.

### Day of your procedure

Plan to check in 15 minutes prior to your appointment time. Have your HIPPA form and consent form that you printed off the website with you. We have extra copies if needed. If you have received a prescription for sedation, take the medication 30 minutes before the procedure. If you take the sedation you will need a driver, but if you elect to have the procedure done with no sedation it is okay to drive yourself. You will be given an opportunity to ask your provider any questions during the consultation.

You will be given a ice pack to be used at home. You will also be given a prescription for pain medication to manage any discomfort in the first couple of days.